# **VOR 2010 Annual Conference & Washington Initiative**



Family Voices in Law, Media and Politics: Getting Heard, Gaining Ground

**June 4 - 9, 2010** 

The Liaison on Capitol Hill 415 New Jersey, NW Washington, D.C.

> Join Us! Details Inside

#### **Also Inside**

A Sibling's Perspective Tributes & Gifts VA court upholds choice

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# Finding and keeping our seat at the table By Robin Sims, President Happy New Year to All! As many of us continue to dig out from the snows of winter it is time to think about the hot days ahead of us in Washington in June. VOR's Annual Conference and Washington Initiative begins on June 4, 2010. I hope that many, many members – even more than in past years – will take advantage of the opportunity to meet fellow members and feel the power of grass-roots advocage as we go on

and feel the power of grassroots advocacy as we go on the Hill. You will find information about VOR's event in 2010 throughout this newsletter.

VOR's annual event has helped increase our credibility as advocates. Our collective participation in the past has helped secure and preserve VOR's "seat at the table," by bringing a message to policymakers that is credible and right.

The VOR presidents who preceded me did an outstanding job securing and preserving VOR's spot at the table. I'm doing everything I can to preserve existing relationships while also identifying many new doors to open. Already this year, VOR has met with DOJ officials, attended a Special Olympics conference, been

represented at a Families USA event, presented comment at

to those myths through our advocacy efforts. an HHS Listening Session, and participated in an Office on Disability Stakeholder meeting.

This level of access is amazing for an all-volunteer group like ours, and our Annual Conference and Washington Initiative is a critical

part of our access success. Indeed, it is at this annual event, with all of us in one location speaking with one voice, where we do our most amaz-

#### in Washington, D.C.!

I know that coming to Washington is a great commitment of both time and money. Please speak to

Our commitment to openness... means recognizing that government does not have all the answers, and that public officials need to draw on what citizens know. President Barack Obama, 01/21/2009

> your local organizations about sponsoring you or having a fundraiser to ease the financial burden. You are going as their voice and your presence at the table makes a difference. If you cannot go, but have a family member willing to come in your place, get them involved.

> VOR makes sure that everyone is well-prepared when they go on Capitol Hill and it is an amazing experience. Those of you who have

> > done this many times know that access to Members of Congress and their staff makes a difference as issues are brought

forth. They have a great respect for VOR members and know we are coming as true grassroots advocates and not paid advocates. Congress notices our amazing and unquestionable dedication. Your volunteer efforts in maintaining re-



**Robin Sims** 

lationships with your local and national representatives are the reason we have the success we do.

> We deal with a lot of myths and we bring the truth to those myths through our advocacy efforts. We have earned our place at the table. Let us all gather together in June and bring our unique voice to those who need to hear it. See you in June!

## **H.R. 1255 Undate** & Legislative News **State News**

A Sibling's Perspective **2010 Annual Conference** & Washington Initiative

**Tributes Legal News** 

#### **VOR MISSION STATEMENT**

The mission of VOR is to unite in advocacy, educate and assist families, organizations, public officials, and individuals concerned with the quality of life and choice for persons with mental retardation within residential options including home, community-based options and facility-based care.

We deal with a lot of myths

and we bring the truth



Julie M. Huso

As the calendar year for 2009 came to a close it was clear that VOR members remembered us as one of their choices for year-end giving. In today's society there are many good causes that need our help; **thank you** very much for making VOR one of your choices.

# VOR Annual Conference & Initiative

VOR is now busy making plans for our 2010 VOR Annual Meeting and Initiative. We will once again be

# Welcoming In 2010!!

at The Liaison on Capitol Hill and the dates are June 4-9, 2010.

This event provides a wonderful opportunity to network with other VOR members. One of the additions we have made to the schedule of events is to

This event provides a wonderful erosity of keeps our national set where the schedule of events is to

Executive Direct

provide a VOR Member Forum. This will provide participants with the opportunity to visit directly with the VOR Board of Directors; I know each of them welcome your input.

This edition of *The Voice* includes detailed information on how you can take part in the Annual Conference and Washington Initiative. In addition to registration information (last page), we have also included information regarding individual or organization sponsorship opportunities, and for the first time, VOR is also offering you the opportunity to recognize your organization or business in the VOR Conference Program. You can find information on these opportunities at

www.vor.net/events/.

#### **About Your Membership**

For 27 years VOR has maintained its annual dues at \$25 for individual memberships, even as mailing costs and the expenses of doing business have dramatically increased. We've opted to keep dues at just \$25 to help ensure our outreach efforts are as inclusive as possible. We do ask and hope that those of you who can afford to help VOR's mission and vision contribute generously and look at the \$25 membership as only a starting point.

It is the commitment and generosity of our membership that keeps our Voice a crucial part of the national scene advocating for choice

By Julie Huso in residential options for all of our families. There are many ways

to support VOR: Membership, donations, Annual Conference sponsorships and recruiting new members. We welcome your involvement; this is your organization.

#### **Online Giving!**

Members and donors can now, online, pay membership dues, donate and register for the 2010 Annual Meeting and Initiative by visiting www.vor.net.

It is clear that each and every one of you is facing issues in your states and you are continuing to work diligently to protect your loved ones' rights. Keep up the good work and know that VOR is here for you. Tamie Hopp, director of government relations and advocacy, does a wonderful job responding and assisting in times of need. I would also like to offer thanks to VOR's president, Robin Sims, for all her loyalty, dedication and hard work on behalf of VOR. She is truly inspiring!!

I have said this numerous times before but we could not accomplish the many things we do if not for you! *THANK YOU* and I look forward to seeing you in June.

Questions for Julie? Contact her directly at 605-370-4652; or husoj@sio.midco.net.

#### VOR Board of Directors

Officers

Robin Sims (NJ), President
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Sybil Finken (IA), First VP
Barbara Cukierski (IL), Treasurer
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VAR

# Legislative UPDAT

#### **H.R. 1255 Update**

H.R. 1255 continues to garner impressive support in Congress. To date, 75 U.S. Representatives have cosponsored H.R. 1255 (34 Democrats; 41 Republicans).

If passed, H.R. 1255 will restore individual and guardian decision-making rights in class action lawsuits filed by federally funded lawyer organizations (such as P&A) against federally licensed ICFs/MR.

To see a list of current cosponsors and learn more about this important bill, visit

VOR's website at: www.vor.net/legislative-voice/legislation/.

#### VOR raises concerns about DOJ "Olmstead enforcement"

On January 15, 2010, VOR President Robin Sims sent a letter to Kareem Dale, Special Assistant to the President for Disability Policy, expressing "serious concerns about statements and actions by the United States Department of Justice (DOJ) Civil Rights Division with regard to its positions and initiatives relating to 'Olmstead enforcement.'"

VOR's letter was prompted in response to DOJ pronouncements that "Olmstead enforcement" initiatives to achieve community integration would be intensified. In VOR's letter, Ms. Sims expressed VOR's grave concern that DOJ was "motivated by an ideology against federally-licensed Intermediate Care Facilities for Persons with Mental Retardation (ICFs/MR) that is not in the best interests of the residents, is not supported by the residents' family members and guardians and is not supported by law, including Olmstead."

In conjunction with the letter, VOR also arranged to meet with Tom Perez, who heads up DOJ's Civil Rights Divi-

sion. At the January 29 meeting, Ms. Sims and Peter Kinzler, chairperson of VOR's Legislative Committee, expressed again VOR's concern that *Olmstead* was being incorrectly used as a sword to displace residents from ICFs/MR and questioned whether DOJ could help address well-documented quality of care concerns in community-based settings.

DOJ officials stated that it was not the Department's intent to close all facilities, noting that they object to displacing residents from licensed care to inappropriate or nonexistent community alternatives. They noted that the Civil Rights Division is charged with addressing ADA (Americans with Disabilities Act) violations, including, they believe, quality of care concerns in the community. VOR also received assurances that we would be included in future DOJ stakeholder meetings.

# VOR addresses proposal to change "mental retardation" to "intellectual disabilities"

In response to S. 2781, legislation which proposes to change references to "mental retardation" to "intellectual disabilities," in federal law, VOR's Government Affairs Committee prepared a statement which supports the spirit of the legislation, but urges caution:

"We are concerned because the sources used to define 'mental retardation' in current law and practice are varied and in flux, and there is some question whether S. 2781 reaches all federal laws and regulations, and their interpretations. The unintended consequences of S. 2781 could cause people in need to fall through the cracks due to a very well-intentioned stroke of a pen."

To address this concern, VOR proposes a greatly expanded Rule of Construction to ensure consistent application of the new terminology across all federal laws for greater protection for beneficiaries now and in the future.

# **VOR will participate** in HHS Listening Sessions

On June 22, 2009, the 10<sup>th</sup> Anniversary of *Olmstead*, President Barack Obama launched "The Year of Community Living" initiative. In response, the U.S. Department of Health and Human Services (HHS), with other agencies, is working to identify ways to improve access to housing and other community supports for individuals with disabilities.

As part of this effort, HHS recently launched the first several HHS "Listening Sessions," to be held around the country. VOR Board Member Mary O'Riordan represented the organization at the first session in San Diego in late February. VOR members Lex Wells, Warren Snow, and Brad Whitehead also took part as representatives of their local organizations. VOR plans to participate at each Listening Session, focusing on promotion for the Community Resource Center (CRC) model.

CRC allows non-residents to access critical health care and other services readily available at existing ICFs/MR.

#### Entitlement Commission proposed

President Obama is expected to announce the creation of a bipartisan Entitlement Commission to explore revenue and entitlement policy, including consideration of Medicaid, Medicare and Social Security. This idea, aimed at finding ways to reduce the deficit (which could translate into cuts to some vital programs for people with disabilities) also has the support of some in Congress.

# Georgia: MCG to run clinical services at state hospital

In October 2009, the Medical College of Georgia (MCG) took charge of certain administrative and clinical services at the East Central Georgia Regional Hospital, including its Gracewood campus for people with developmental disabilities. The public sector partnership will bring to the hospital additional staff

and the benefit of academic-caliber forensic and mental health services. East Central had in the past been considered a candidate for closure or privatization. With the new partnership in place, the facility will instead be a centerpiece of the state's efforts to improve the quality of care in its facilities statewide.

State officials expect that the partnership will bring stability and quality to the clinical

workforce, as
well as
provide
MCG
students
the opportunity to
experience the
chal-



VOR Board Member Ann Knighton with Rep. Patrick Kennedy during his Jan. 2010 tour of Gracewood ICF/MR.

and rewards of working in the public behavioral health system. The agreement calls for residencies, fellowships, nurses, and students practicing and learning at East Central. There is the expectation that more MCG students will, as a result, choose careers in the public sector.

Current center employees, including at Gracewood, will continue on staff to provide direct care and support services; only a handful of administrators have seen their roles change.

The initial agreement between MCG and the state is expected to last three to five years, with monthly progress reports and annual reviews to determine whether it will continue. In addition to providing key personnel, MCG will also provide assistance in carrying out the State's settlement agreement with the U.S. Department of Justice, to perform an analysis

State News continued on page 8

# **A Sibling's Perspective**

By Mary Kay Cowen, Chair, VOR Membership Committee

My brother, Thomas Waldo (Tommy) has lived at the North Lake Supports and Services Center in Hammond, Louisiana for 45 years. He is profoundly mentally retarded, with an I.Q. of eight months and motor skills of 18 months. He is very mobile and loves to be outside. North Lake provides the sanctuary he requires to allow all the freedom he seeks under the watchful and loving eyes of his "other family" – the direct care staff.



Thomas "Tommy" Waldo

My father, Harry Waldo, was very much involved with the care and issues connected with Tommy. He stayed active in the Parents Association (now called Families and Friends) and got involved in the politics connected with the developmental centers from the time Tommy moved to North Lake at the age of 6 until the day he died – 47 years later.

During those years, Daddy allowed the rest of us (Tommy's siblings) to develop our own lives and families. He would send us information every year about Tommy's annual meeting, but did not keep us informed on other activities. My youngest brother, Bobby, was the first to realize we needed to get involved when he moved in with Dad during his college years. By the time he graduated, he had convinced me to begin attending the parents meetings with them.

Daddy died April 9, 2005. By then, both Bobby and I were very involved with the Families and Friends Association and I had gotten involved with Daddy on a statewide level through the Alliance of the Families and Friends Associations of Louisiana (now called the Coalition). Since my children had "grown and gone" and Bobby's family had several issues that would take years to contend with, I became Tommy's guardian.

My siblings have thanked me for keeping them informed about what's going on with Tommy and also politically. Two live in Texas and one in Florida, but there are areas they have been able to get involved – even if it is in small ways.

I encourage them to visit Tommy at least once a year (preferably more), and highlight the months I will not be able to see him. I also make sure they are aware of special activities (Family Day,

Christmas Party) occurring at Tommy's home. The goal is

Perspective continued on page 10

# **VOR 2010 Annual Conference and Wash** *Family Voices in Law, Media and Politics: Getting*

#### VOR Conference & Initiative 2010 Program at a Glance

Register online at: www.vor.net/events/ or use the form on page 12

Friday, June 4
VOR Board Meeting
State Report Forum

Saturday, June 5
VOR Annual Conference
(program details on page 10)
Networking Dinner @ The Dubliner

Sunday, June 6
VOR Member Forum w/ Board
Legislative Briefing

Monday, June 7
Congressional Visits Begin
Evening debriefing

Tuesday, June 8

Capitol Hill Reception:
Featured Guest
Rep. Debbie Wasserman Schultz
Evening debriefing

#### YOUR PARTICIPATION MAKES

Please Join VOR in Washington, D.C.! June 4-9, 2010

For nearly 15 years, VOR members have carried our CHOICE message to Congress, and the overall success of VOR's yearly trek, coupled with yearlong grassroots advocacy efforts, is undeniable.

Due to VOR's advocacy, harmful legislation has not passed (Chafee bill, MiCASSA); beneficial legislation has been introduced [protections for Medicaid Managed Care (1998) and class action reform bills (2007, 2009)]; and legislative language recognizing individuals and families as primary decisionmakers has become law (1993) and been strengthened (2000). VOR's ef-

forts have been recognized in the *Congressional Record* (1993, 1998, and 2000).

# VOR is nothing without YOU!

VOR's success has everything to do with the messengers – YOU!

VOR Initiative participants are credible because their message is pure and right. As family members and volunteers, elected officials recognize that the only reason traveled all the way to Was for their love of a family m them to be their voice.

This purity of message is advocacy is so effective. There is a so effective. There is a so effective in the source of the source

VOR's Annual Conferent ton Initiative provides a ve like-minded advocates fror try to do what you do best loved one with profound di

#### Be a Spo

Each year individuals, organ help cover the expen with VOR's Annual Confe All sponsors are recognize in VOR's publications and See: www.vor.net/eve

#### **VOR**

# Conference & Initiative Lodging

The Liaison on Capitol Hill 866-AFFINIA (233-4642) Special VOR Rate: \$189/night (single or double)

Deadline: May 3, 2010

# Please j in Washing

Past attendees have said attention to detail, culminal gathering of like-minded addren," (2009) and "VOR details this event. I hope we cause."

Please plan to join us this perts. Learn from each otheyour voices!

# ington Initiative: *g Heard, Gaining Ground*

#### A DIFFERENCE!

these individuals hington, D.C. was ember who needs

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the fact that VOR
te in all of you and
doesn't make it
oes help ensure
teard.

nce and Washingnue for you and n across the counadvocate for your sabilities. FREE BREAKFAST!
Thank you Mary McTernan!

For the second year in a row, breakfasts are on Mary. VOR Initiative participants who are staying at The Liaison the mornings of Sunday, June 6 – Wednesday, June 9

will receive a FREE breakfast at the hotel.

Thank you, Mary, for your generosity!

#### nsor

zations and businesses ses associated rence and Initiative. d at the conference, l on VOR's website.

Questions? Contact Tamie at 877-399-4VOR or Tamie327@hotmail.com.

#### oin us on, D.C.!

"Thank you for your ng in a successful vocates for our chiles a great job of organelped advance the

June. Learn from ex-Let Congress hear



Left to right: Doris Gatlin, Walter Gatlin, Rep. Bill Cassidey, Terry LaFleur, and Mary Kay Cowen at the Capitol in 2009.

# Persistence is a Virtue

By Tamie Hopp
Director of Government Relations & Advocacy

The urgency of our advocacy issues makes it nearly impossible to be patient.

Collectively, we recognize that our advocacy success or failure is often a matter of life or death

for our constituency with profound intellectual and other developmental disabilities. That's a heavy burden to carry each and every day; yet we do so willingly. If not us, who?

Still, patience has its place. As put bluntly by humorist Arnold Glasgow: "The key to everything is patience. You get the chicken by



Tamie Hopp

hatching the egg, not by smashing it."

There are plenty of times in our advocacy that we feel like smashing that egg. It is difficult to understand why we even have to argue about such fundamental truths as "families know best," and "individuals with profound intellectual disabilities require compassionate, specialized and 24/7 care."

Yet, we must face this debate daily and strategically. Sometimes that means a letter-writing effort involving our entire membership. Other times that means "quietly leveraging relationships we have cultivated over time" (Sims, Winter 2009).

Every year, the VOR Conference and Initiative blends both these approaches. The speakers for VOR's Annual Conference are selected for what they convey to our participants, as well as what we hope our participants can convey to them (this is especially true with respect to the policymakers who give presentations).

Continued on page 11



of the center's needs in staffing and education, and to work with the School of Nursing to develop a plan to recruit and retain professional nurses.

Ninety-percent of the agreement's first year cost of approximately \$2 million will be covered by redirecting existing hospital resources. (MCG News (excerpts), October 2009).

#### Kansas: Governor spares KNI, for now

Kansas Gov. Mark Parkinson has rejected a commission's proposal to downsize and ultimately close KNI, a state operated ICF/MR in Topeka. Although he did call for a "phased reduction" of residents at KNI, he stopped short of ordering KNI's eventual closing, saying not every resident might be able to be relocated.

In the months since the Commission's closure recommendations, doubts had been raised by Topeka officials and law-makers about the alleged cost savings. One report by the Topeka Chamber of Commerce concluded that KNI's 2010 economic impact will be \$66 million, income that dwarfs the \$6 million savings that closure would allegedly bring.

Lawmakers and families also questioned the potential human costs.

"There is no guarantee that money now used to serve KNI residents will follow them or even be adequate to meet their needs in scattered locations," wrote Bill McGuire, past president of KNI's family association, in an editorial for the *Capital-Journal*.

Rep. Lana Gordon, R-Topeka, echoed this concern indicating she was not convinced facilities in the community would be equipped to accommodate the influx of clients.

While relieved that KNI has been spared for now, families remain unsettled by the uncertainty of KNI's future.

"We are relieved to have this short

reprieve, but have many questions," said McGuire. "How will residents be selected for community placement? Will those individuals who do move be monitored to be sure they are doing OK? We can't relax until we know these answers."

#### Michigan's murky vision for the future of DD services

Michigan's "vision" for future DD services is, at best, murky, and at worse, detached from reality. This "vision" expects that *all* people with DD will be able to earn an income in a non-segregated community setting and live in their own homes. Meanwhile, the state plans to deal with the economic crisis by eventually eliminating "legacy" programs such as day programs, sheltered workshops, group homes, and other programs designed especially for people with the most severe and complex disabilities.

Yet, rights do not disappear in a bad economy, including the right to treatment and services suitable to the person's condition and the right to participate in determining those services through the Person-Centered planning process. State and local mental health agencies have the obligation to assure that rights are protected and services available to meet the needs of a diverse population.

Placing the burden of the crisis on vulnerable people and their families who have few resources with which to fight back is not a reasonable or humane approach. (*DD News Blog*, Jan. 2010 (excerpts); theddnewsblog.blogspot.com/. Jill Barker, Editor, VOR Board Member).

#### Nebraska: Beatrice probation lifted

The Beatrice State Developmental Center is no longer on probation with the state.

"Our staff have worked very, very hard to meet the goals we have imposed on ourself. And this is affirmation of that work," said Jodi Fenner, director of Nebraska's Department of HHS, Division of Developmental Disabilities.

However, the restriction against serving medically fragile patients remains, even though BSDC is no longer on probation. BSDC officials will likely ask the state licensure staff to remove the restriction in the spring. By then BSDC should have a full complement of physicians on permanent staff and will be able to show proof that "we can maintain the progress we have achieved," Fenner said. (*Journal Star*, December 21, 2009).

## **Tributes**

#### IN MEMORY

Skip Landen From Sybil Finkel

Skip Landen From David Swain

Martin, Ellen & Nancy Pratt From John & Linda Patla

#### IN HONOR

Bill & Carole Sherman From Barry & Phyllis McKain

Jeffry Gans
From George & Judith Ritner

Mrs. George B. Davis
From R. Lee & Sue Davis

Robin Sims
From Ruth Schwartz

Robert & Marilyn Cross From Mildred Bernstein

# WILL BEQUESTS AND TRUSTS

Leslie Abbott, Jr.
Dorothy Bristow
Catherine Hughes
Otho J. Haynie



A federal judge has dismissed a lawsuit brought by The Arc of Virginia against the State of Virginia challenging a state plan to renovate and resize the Southeastern Virginia Training Center (SEVTC). Judge Robert Payne held that The Arc failed to establish a "case or controversy" ripe for judicial review and, thus, the court lacked jurisdiction to hear the case. The Virginia Office of Protection & Advocacy represented the Arc. The U.S. Department of Justice participated as *Amicus* ("Friend of the Court") in support of the plaintiffs.

Noting that deinstitutionalization was the plaintiff's central motivation in this case, Judge Payne held that, in this situation, the State has indicated that no one will reside at the new SEVTC who doesn't want to be there.

"Here, there is evidence that shows that many individuals will choose to live in the new facility. In fact, at least 84 of the 155 legal representatives of the current SEVTC residents have made formal pleas to permit their loved one to remain in the new facility rather than be placed in community housing (citation omitted). Thus, the argument made by Arc and the United States regarding the risk of institutionalization fails to account for a key principle in the Olmstead decision: personal choice. And here, where more residents desire to remain in institutional care than the new facility can provide for, there is little to no risk of institutionalization for those whose needs do not require it and who do not desire it."

Plaintiffs have appealed.

# Illinois: New settlement proposed in litigation impacting private ICFs/DD

Parties have proposed a second settlement agreement in *Ligas v. Maram*, a lawsuit which targets Illinois policy with regard to community integration opportunities for residents of private ICFs/MR. The parties' first effort to settle this case failed after more than 2,500

class members filed objections. The significant objections prompted the judge to deny the settlement and decertify the class shortly after a required Fairness Hearing in July 2009.

The Second Proposed Settlement Agreement, filed in January 2010, suggests a more narrow class definition—only individuals who affirmatively seek community-based services. Objectors to the first settlement agreement have been included in settlement talks, but concerns remain over certain provisions, such as the impact that funding for class member services will have on future funding for private ICFs/MR and other services in Illinois.

VOR has provided much support to the Objectors, which include the "Golden Interventions," led by Sam Golden on behalf of his daughter, Anne. In mid-February, the Objector group filed a request for Intervention.

# Connecticut: Parties seek dismissal of 23 year old lawsuit

The U.S. DOJ and the State of Connecticut agree that the state has met all its obligations to safeguard the care of residents at Southbury Training School. In late-October, they filed a joint motion seeing to dismiss the decades old consent decree.

### South Carolina: Suit alleges funds for disabled transferred

A group of disabled residents has asked the South Carolina Supreme Court to stop a deep round of cuts to inhome care. At issue is the state's decision to put federal stimulus funds in a "rainy day" reserve that could be used to stave off in-home service cuts to thousands of families. Plaintiffs allege, in part, that failure to provide these inhome supports which they choose and are serving them well, could result in unjustified institutionalization in violation of *Olmstead*. (Source: *Post and Courier*, Dec. 29, 2009).

#### Pennsylvania: Families await decision on request to intervene

Families await the court's response to their Motion for Intervention in Benjamin v. Department of Public Welfare (DPW), a class action lawsuit filed by Pennsylvania's P&A. The lawsuit alleges that the civil rights of people who live in state centers were violated because the state did not offer and provide community-based services to non-objecting residents. Intervening families point to P&A's fundamental hostility against state centers and DPW's unwillingness to preserve the center option as justification for intervention. VOR helped secure counsel for the families.

#### In Memoriam

VOR mourns the loss of Carlton Horbelt, VOR board member, who passed away unexpectedly in November 2009. Dr. Horbelt was an accomplished dentist of 28 years, specializing in special care dentistry, dedicating his time to advancing research and care for people with disabilities. At the time of his passing, he was the director of Dental Services at Arlington Developmental Center (TN). AADMD has established a scholarship in his name. Visit www.aadmd.org, for more details.

In recent months, VOR also said goodbye to **Les Abbott** a friend, member and donor; and to **Skip Landen**, retired *VOR board member*. Memorial contributions are being accepted in memory of both. Visit, www.vor.net for details.



#### **Perspective**

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to make sure Tommy is visited by one of us each month.

Asking not just my siblings but other interested relatives to contact their legislators, I send information from VOR, the Coalition, and the Families and Friends Association of North Lake concerning what is going on politically.

At first, they responded by visiting Tommy twice a year and re-



Mary Kay Cowen

sponded to my requests for action. As time passes, they have adjusted to visiting Tommy once a year and respond to my requests for action after a little extra prodding. This was expected and has not discouraged me from keeping them informed.

I am thankful I began to participate in "Tommy's stuff" while Daddy was alive and able to guide me through the emotions that one experiences when they first get involved. It enabled me to entwine the necessary activities into my life at a pace that prevented the total upheaval I have seen other siblings experience. Hopefully, by

keeping my siblings and other family members informed, they too will find a way to work "Tommy's stuff" into their lives.

#### Persistence Continued from page 7

Likewise, the Annual Washington Initiative – which is credited for building VOR's credibility in Congress, one year at a time – is a critical exercise in grassroots advocacy. The more participants we have, the more effective we are.

I'm so grateful to the many VOR volunteers who have made the trip to Washington, D.C. every year for so many years. I look forward to seeing



Board member Brian Boxall with Enid Emde at a past Washingon Initiative.

these participants again, and hope to welcome many new participants.

Please plan to join us in Washington, D.C. this June. Bring a friend. Numbers count.

Thanks for all you do.

# VOR Conference & Initiative Lodging

The Liaison on Capitol Hill 866-AFFINIA (233-4642) **Special VOR Rate:** \$189/night (single or double) Deadline: May 3, 2010

spective

**Continued from page 7** 

# Annual Conference Overview

Saturday, June 5, 2010

# Featured Presentations

#### **Robin Sims**

A Message from VOR's President

Julie Huso
Executive Director's Address

Obama Administration Representative (pending)

#### Tom York, Esq.

York Legal Group DOJ, States and You: Opportunities for advocates in CRIPA litigation

#### Paul Heckt, Esq.

Heckt & Associates
Medical Assistance
and Supplemental Needs Trusts

#### **Direct from Capitol Hill**

Speaker on Disability Policy, including the DD Act Reauthorization

# Register now for early-bird rates

(fees include breakfast & lunch on June 5!)

\*Members, \$40, by April 1

\*Non-members, \$75, by April 1

(includes 1 yr membership)

#### To register:

A registration form can be found on page 12 of this newsletter, or online at: www.vor.net/events/

President:

# VOR Contact Information Membership Dues/Contributions 836 S. Arlington Heights Rd., #351

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#### **Washington, DC**

Larry Innis 529 Bay Dale Court Arnold, MD 21012-2312 410-757-1VOR phone/fax LarryInnis@aol.com

## **IMPORTANT INFORMATION**

- **★** Your MAILING LABEL now includes your membership expiration date. Please take a look!
- ★ Leadership changes? When your family association elects new leaders, please let VOR know so we can update our records. This ensures VOR's information gets to the right people.
- ★ Email changes? Let us know so we can update our records and you can continue receiving the VOR Weekly E-Mail Update and important alerts.

Mar. 10NL

Membership/Contribution Form: Please send dues to— VOR 836 S. Arlington Heights Rd., #351, Elk Grove Village, IL 60007; 605-271-0445 fax or donate online @ www.vor.net.

	V V
	Membership Categories: Individual \$25
Name	Parents' Association \$150
	Professional Assoc./Corp \$200
	. τοιοσοίοτιαι / 1800οι/, σοιρ φ200
Address	
	An additional gift/pledge is enclosed for:
City State Zip	\$1,000 \$500\$250\$100 Other
y	
Telephone	☐ A check made payable to VOR is enclosed.
	Or please charge to my USA Mastercard Discover
Email Address	
	Card Number:
Please check as appropriate: I am a new member	Expires:
I am a current member and my records	Amount to charge:
need to be updated (i.e. new address,	
name, phone, etc.). I have circled the	Signature:
changes needed on this form.	
No changes are needed.	
If the minimum dues requirement poses a financial difficult	ty, please contact our office in confidence (877-399-4VOR). It is in

our best interest that you receive VOR's information, so please call if \$25 per year poses a financial hardship.



836 S. Arlington Heights Rd., #351 Elk Grove Village, IL 60007 877-399-4VOR toll free 605-271-0445 fax www.vor.net

A national, non-profit 501(c)(3) volunteer association of individuals and families working for persons with mental retardation

Non-Profit Org. U.S. Postage PAID Permit No. 2857 Palatine, IL 60095

Rapid City SD 57709-1208

#### **Annual Conference and Initiative Registration Form**

Return form to VOR \* 836 S. Arlington Heights Rd., #351 \* Elk Grove Village, IL 60007 Fax: 605-399-1631 \* Tamie327@hotmail.com \* Phone: 877-399-4867 (toll free) or 605-399-1624; a 501(c)(3) org.

Fax: 605-399-1631 * Tamie327@hotmail.com * Phone: 877-399- To register online, visit www.vor.net/events.	ANNUAL CONFERENCE REGISTRATION:
Name(s)	VOR Members: \$40 per member if paid by April 1, 2010.
Address	\$50 per member if paid by May 1, 2010.
City, State, Zip	
Home Phone	\$75 per member if paid after May 1, 2010.
Work Phone	Non-VOR Members:
Email	\$75 per person for non-member if paid by May 1, 2010. Fee includes 1 year membership.
Sponsoring organization	\$100 per person for non-member if paid after May 1, 2010. Fee includes 1year membership
INITIATIVE REGISTRATION:(No add'I fee): I/We will attend the Washington Initiative ONLY and will be able to make Congressional visits through [specify date(s)].	Additional Donations Appreciated A donation of \$ is enclosed
tillough [speeny date(o)].	Charge card:  MC  Visa  Discover
	Expiration date

Credit card number \_\_\_\_\_

Signature